

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 No School Labor Day 	2 Apple Frudel Fruit Cup Juice/Milk	3 Apple Muffin with String Cheese Banana Juice/Milk	4 Toasted English Muffin w/ Egg and Cheese Orange Wedges Juice/Milk	5 Cinnamon Toast Crunch with a cheese stick Apple Juice/Milk
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WEEKLY AVERAGE NUTRITIONALS: CALORIES – 350-500; SATURATED FAT - <10%; SODIUM - <540mg

8 Chocolate Chip Muffin String Cheese Pear Juice/Milk	9 French Toast Mini Bites Orange Wedges Juice/Milk	10 Bagel with Cream Cheese Banana Juice/Milk	11 Bacon, Egg and Cheese on a small Kaiser Roll Juice/Apple Milk	12 Berry Patch Parfait w/ Graham Crackers (Preschool-no granola) Fruit Cup Juice/Milk
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NonFat Chocolate or 1% Milk offered daily

15 Apple Frudel Pear Juice/Milk	16 Buttery Maple Snacking Waffles Orange Wedges Juice/Milk	17 Wild Berry Bread Banana Juice/Milk	18 Ham & Egg on a Toasted English Muffin Apple Juice/Milk	19 Oatmeal Chocolate Chip Benefit Bar Fruit Cup Juice/Milk
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Fresh Fruit Basket Offered Daily

22 Banana Muffin with Giant Goldfish Crackers Pear Juice/Milk	23 Bagel w/Cream Cheese Fruit Cup Juice/Milk	24 Strawberry Fields Parfait w/Graham Crackers (Preschool-no granola) Peach Juice/Milk	25 Sausage, Egg and Cheese on a Roll Apple Juice/Milk	26 Assorted Cereal w/ Goldfish Grahams Orange Wedges Juice/Milk
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29 Apple Muffin with String Cheese Applesauce Juice/Milk	30 Bagel w/Cream Cheese Fruit Cup Juice/Milk			This institution is an Equal Opportunity Provider
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