

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an Equal Opportunity Provider		1 No School	2 Egg and Cheese on a Kaiser Juice/Fruit Milk	3 Cinnamon Chex Cereal Giant Goldfish Crackers Juice/Fruit Milk
WEEKLY AVERAGE NUTRITIONALS: CALORIES – 350-500; SATURATED FAT - <10%; SODIUM - <540mg				
6 Blueberry Muffin and String Cheese Juice/Fruit Milk	7 Mini Cinnamon Roll Juice/Fruit Milk	8 Apple Muffin String Cheese Juice/Fruit Milk	9 Toasted English Muffin w/ Egg and Cheese Juice/Fruit Milk	10 Cinnamon Toast Crunch Cereal String Cheese Juice/Fruit Milk
Non- Fat Chocolate or 1% Milk offered daily				
13 No School	14 Mini Cinnamon French Toast Bites Juice/Fruit Milk	15 Bagel with Cream Cheese Juice/Fruit Milk	16 Bacon, Egg and Cheese on a Small Kaiser Roll Juice/Fruit Milk	17 Berry Patch Parfait Graham Crackers (Preschool-no granola) Juice/Fruit Milk
Fresh Fruit Basket Offered Daily				
20 Apple Strudel Juice/Fruit Milk	21 Buttery Maple Snacking Waffles Juice/Fruit Milk	22 Blueberry Bread Juice/Fruit Milk	23 Ham & Egg on a Toasted English Muffin Juice/Fruit Milk	24 No School
WEEKLY AVERAGE NUTRITIONALS: CALORIES – 350-500; SATURATED FAT - <10%; SODIUM - <540mg				
27 Banana Muffin Giant Goldfish Crackers Juice/Fruit Milk	28 Cinnamon Breakfast Round Juice/Fruit Milk	29 Strawberry Fields Parfait Graham Crackers (Preschool-no granola) Juice/Fruit Milk	30 Sausage, Egg and Cheese on Small Kaiser Roll Juice/Fruit Milk	31 Assorted Cereal Graham Crackers Orange Wedges Juice/Fruit Milk
WEEKLY AVERAGE NUTRITIONALS: CALORIES – 350-500; SATURATED FAT - <10%; SODIUM - <540mg				